

1960 Region 4 Championships at Macalester Shaw Field, Tue., May 31, 1960

Teams: Alexander Ramsey 33, White Bear Lake 21, Montgomery 16, Mounds View 10, Stillwater 9 ½, Osseo 9, Hastings 8, Spring Lake Park 8, Anoka 5, Prior Lake 5, Cambridge 4 ½, Lakeville 3, North St. Paul 3, Waterville 3, Elk River 2 ½, Red Wing 2, St. Francis 2, St. Peter 2, LeSeuer 1 ½, Mora 1, Arlington 1.

100

- 1 Mike Holmberg, Mounds View 10.2 **
- 2 Seeman, Osseo
- 3 Panno, Spring Lake Park
- 4 Morrow, Montgomery

220

- 1 Roy Henrickson, Alex Ramsey 22.2 **
- 2 Panno, Spring Lake Park
- 3 Reid, Prior Lake
- 4 Dvorak, St. Peter

440

- 1 Burt Ewing, Mounds View 51.4 **
- 2 Panno, Spring Lake Park
- 3 Swanson, Alex Ramsey
- 4 Carey, Elk River

880

- 1 Dick Jordan, White Bear Lake 2:03.8
- 2 Austad, Lakeville
- 3 Gaslin, St. Francis
- 4 Lewis, Mora

Mile

- 1 John Finnegan, Stillwater 4:34.9
- 2 Dellwo, Ramsey
- 3 Thaxter, Osseo
- 4 Lentz, Arlington

High Hurdles

- 1 Roy Henrickson, Alex Ramsey 15.0
- 2 Johnson, Stillwater
- 3 Peterson, Anoka
- 4 Nelson, Cambridge

180 Yd. Low Hurdles

- 1 Roy Henrickson, Alex Ramsey 19.2 **
- 2 Murphy, White Bear Lake 19.8
- 3 Nelson, Cambridge
- 4 Goodrich, Montgomery

* Ties Meet Record

** New Meet Record

880 Relay

- 1 White Bear Lake 1:35.2 (Berwald, Gutherie, Johnson, Murphy)
- 2 Anoka
- 3 Montgomery

Mile Relay

- 1 Alex Ramsey 3:34.9 (Moss, Wilbrecht, Cochrane, Swanson)
- 2 Montgomery
- 3 Osseo

Shot Put

- 1 Chuck Price, White Bear Lake 48-4 ½
- 2 Martin, Alex Ramsey
- 3 Groh, Waterville
- 4 Hagglund, St. Peter

Discus Throw

- 1 Lou Langenfield, Hastings 131-0
- 2 Koewler, Hastings
- 3 Riech, Osseo
- 4 Groh, Waterville

Broad Jump

- 1 Dick Morrow, Montgomery 21-9 ¾ **
- 2 Reid, Prior Lake
- 3 Landers, Red Wing
- 4 Seeman, Osseo

High Jump

- 1 George Jaderston, Alex Ramsey 5-10
- 2 Eldridge, North St Paul
- 3 O'Malley, LeSeuer
- 3 Bellanger, Elk River

Pole Vault

- 1 Dick Morrow, Montgomery 12-8
- 2 Harkness, White Bear Lake
- 3 Bloomfield, Cambridge
- 3 Schroeder, Stillwater

Notes: